

About Us:

We provide quality, evidence-based, patient-specific care to our community through Physical Therapy, Occupational Therapy, Speech Therapy, Nutrition Counseling, and Mental Health Counseling.

MOST MAJOR INSURANCES ACCEPTED.

Direct Access Physical Therapy - no script required.





NEW CASTLE FACILITY

BESSEMER FACILITY







The Journey OF A THOUSAND MILES begins with one step.

Meet Our Staff:



Jill Trotter PT **OWNER**



Bethany Thomas PT. DPT PHYSICAL THERAPIST



Jocelyn White PT. DPT. Cert. MDT PHYSICAL THERAPIST



Abigail Westcott PHYSICAL THERAPIST



Nick Hamilton PT. DPT PHYSICAL THERAPIST



Mandi McBride PTA PHYSICAL THERAPIST ASSISTANT



Holly Liggett PHYSICAL THERAPIST **ASSISTANT**



Cheri Ponziani PTAPHYSICAL THERAPIST **ASSISTANT**



Katelyn Johnson Gianna Cicchillo PT AIDES



Caeli Morrissey OTD, OTR/L, CÍES **OCCUPATIONAL** THERAPIST



Kali Farris, M.S., CCC-SLP SPEECH THERAPIST



Abby Stambul MENTAL HEALTH COUNSELOR



Jarrod Boyle RD. LDN REGISTERED DIETITIAN



Bella Gajdos RDN, LD, MPH REGISTERED DIETITIAN



Anna Winnale OFFICE ADMIN, PR & MARKETING



Raun Skyrm BILLING & **INSURANCE**

More About Us:

Our therapists care about you.

Whether a new injury or a chronic condition, we can provide interventions that will optimize your physical functioning and work towards achieving your goals.

PHYSICAL THERAPY SERVICES:

- Joint Care
- Balance & Fall Prevention
- Spinal Care
- Pediatrics
- Sports Injuries
- At Home Therapy
- Neurological
- Weight Management
- Geriatrics

FITNESS CENTER HOURS:

BESSEMER

NEW CASTLE MON: 8am-6pm **MON:** 7am-6pm TUE: 8am-6pm TUE: 8am-6pm WED: 8am-6pm **WED:** 7am-6pm **TH:** 8am-6pm **TH:** 8am-6pm **FRI:** 8am-5pm FRI: 7am-5pm **SAT:** 8am-12pm **SAT:** CLOSED

FITNESS SERVICES & RATES:

Adult/Senior Fitness Center Access

Monthly Memberships

Veteran Rate: \$5/mo Senior (60+): \$15/mo

 Adults: \$25/mo Students: \$15/mo

Balance Classes

• TUES. @9am & FRI. @8am | \$5/class

Massage

Stretching Session

 \$35 for 30 min. o \$35 for 30 min.

Personal Fitness Sessions:

(30min each)

1 visit - \$35

5 visit package - \$150 10 visit package - \$275

WE ACCEPT SILVER SNEAKERS & RENEW ACTIVE!

-VERIFY IF YOU QUALIFY BY CONTACTING YOUR INSURANCE-

Our Services:

PHYSICAL THERAPY

Trotter Therapy Services See "More About Us" for details Personal Fitness Training

OCCUPATIONAL THERAPY

Trotter Therapy Services Caeli Morrissey, OTD, OTR/L, CIES

SPEECH THERAPY

Trotter Therapy Services Brenna Kline, M.S., CCC-SLP

MENTAL HEALTH COUNSELING

Rise up Counseling Abby Stambul, MA, LPC

To Schedule,

CALL: (724) 730-5708

EMAIL: RISEUPCOUNSELING@OUTLOOK.COM

NUTRITION COUNSELING

One Bite at a Time Jarrod Boyle, RD, LDN Bella Gajdos, RDN, LD, MPH

To Schedule,

CALL: (330) 720-9676

EMAIL: BECK@ONEBITEATATIME.ORG





Hours:

BESSEMER

NEW CASTLE

 MON: 7am-6pm
 MON: 8am-6pm

 TUES: 8am-6pm
 TUES: 8am-6pm

 WED: 7am-6pm
 WED: 8am-6pm

 THURS: 8am-6pm
 THURS: 8am-6pm

 FRI: 7am-5pm
 FRI: 8am-5pm

 SAT: 8am-12pm
 SAT: BY APPT.

Contact us to Schedule:

Call Us: (724) 667-1199

Fax: (724) 667-1929

Email Us: mohawkptoffice@gmail.com

Our Locations:

• BESSEMER, PA

3 E Poland Ave. Bessemer, PA 16112

NEW CASTLE, PA

MAYZON HEALTH CENTER

3124 Wilmington Rd, New Castle, PA 16105
SUITE 103 - FOR EASY ACCESS USE REAR ENTRANCE -



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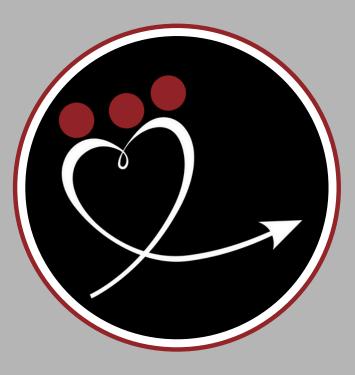
www.trottertherapyservices.com



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Trotter Therapy Services

SERVING THE COMMUNITY SINCE 1998



Including at our NEW second location in New Castle, PA!